September 13-16, 2012 - Menucha Retreat Center near Portland, Oregon

The Journey Begins with a Single Step...

Don't postpone wellness...join us on the journey of recovery



Rest and recuperate in the stunning natural beauty of the Columbia Gorge while taking the journey of recovery with fellow recovering workaholics. The annual international conference of recovery from work addiction features speakers and panels on recovery topics, step study, Recovery 101 for newcomers, abstinence planning, and conducting and writing meditations. Our retreat setting features healthy meals, beautiful surroundings for walking & hiking, fun & fellowship, swimming, volleyball, and a walking labyrinth on site.

Schedule

Pre-Conference – Thurs. 9/13 – 1pm Registration, 2-6p Meetings & Activities, 6p Supper, 7:30pm Meeting + Friday 9/14: 8a Breakfast, 9-11:45a Meetings/ Activities, and 12p Lunch

Main Conference Day 1 – Friday 9/14–1pm Registration, 2-5p Early Bird Meetings, 5:30p Reception, 7p Dinner, 8p Opening Meeting

Main Conference Day 2 — Saturday 9/15 — 8a Breakfast, 9-11:45a Meetings, 12| Lunch, 1-5:3op Meetings and Free time, 6p Dinner, 7:3op Fun Night

Main Conference Day 3 – Sunday 9/16 – 8a Breakfast, 9-11:45a Meetings/Closing & 12 noon Lunch

Onsite lodging and meals packages, registration, commuter rates, and early bird discounts available. Nearby accommodations available in Troutdale (10 minutes), Gresham (20 minutes), & Portland (30 minutes). Transportation can be arranged with the host committee - *email transportation2012@workaholics-anonymous.org to arrange and indicate on registration. Or airport shuttles run approximately \$40 each way to Menucha. Email questions to conference2012@workaholics-anonymous.org

Workaholics Anonymous World
Service Organization
www.workaholics-anonymous.org

Easiest to pay online or write a check to WAWSO with registration materials & send to WAWSO PO Box 0368
Austin, Texas 78767-0368

he Journey of Recovery

Living the Promises Workaholics Anonymous 2012 Visit a 100-acre sanctuary of conifers & river gorge views in the "ever-changing, renewing stillness"

Magnificent Rest & Connection

On Site Lodging

We will be using Wright Hall at the splendid Menucha Retreat Center (view pictures at http://menucha.org/) in the Columbia Gorge. Camp-style, multiple occupancy, same-sex rooms plus food cost \$115/night. (No single or couples accommodations available). Towel and linens provided. Regular conference runs Friday dinner to Sunday lunch. A pre-conference day is available starting with Thursday dinner and includes Friday breakfast and lunch. Special needs diets (including vegetarian meals) can be accommodated at a fee of +\$6/meal-day and must be requested by August 20th to guarantee availability. Meal day 1: Thursday Dinner, Friday Breakfast, Friday Lunch. Meal day 2: Fri Dinner, Saturday Breakfast, Saturday Lunch. Meal day 3: Saturday Dinner, Sunday Breakfast & Lunch.

<u>Fees:</u> Pre conference On-site Lodging & Meals: **\$115**Additionally, Main Conference On-site Lodging & Meals: **\$230**Special Diets additions: **+\$6/meal-day**

Registration Fee & Early Bird Discounts

Double Early Bird Registration - By May 31, 2012: **\$25.00** Early Bird Registration - By July 31st: **\$50.00** All Other Registration - **\$100.00**



Registration deadline is 8/20/12. Late registration is subject to availability. Call 512-826-4686 if attempting to register after 8/20. Bring your treasured recovery items to donate for the silent auction.

Special meals request forms are available on the Menucha website at http://menucha.org/dining/alternatediet

Commuter Options

Commuter rates are \$60 per calendar-day for Thursday and for Friday, \$75 for Saturday, and \$50 for Sunday and does not include all meals. Commuter meals included are Thursday night for the pre-conference. Commuter meals for the conference are: Friday dinner, Saturday lunch and dinner, and Sunday lunch. Extra meals can be purchased for \$10. Please note special needs (including vegetarian meals) cost \$2 additional per meal and must be requested by August 20th to ensure accommodation.

Scholarships

There are a limited number of need-based scholarships, both full and partial (not to include travel expenses), available through W.A. World Service and group

contributions. Deadline for scholarship requests is June 30th,2012. Recipients will be notified not later than July 10th. Email scholarship requests to facilitator@workaholics-anonymous.org. Please include day and evening phone numbers, email address, and a description of your needs

Registration

1. Contact Information

Name

Email Address Phone

2. Registration (circle one)

Double Early Bird - By 5/31: \$25 Early Bird - By July 31st: \$50 All Other Registration - \$100

3. Lodging & Food (circle what applies)

Pre-Conference On-Site \$115

Main Conference On-Site \$230

OR Commuter (\$60/Calendar-Day)

__ Friday (includes Dinner) \$60 __ Friday (includes Dinner) \$60

Saturday (Lunch & Dinner) \$75Sunday (includes Lunch) \$50

Extra Commuter Meals? (\$10 per)

PLU.

Special Needs Diets Fee (\$2/meal or \$6/meal-day) \$__

4. Other

- ☐ Donate to scholarship fund \$____
- ☐ Need help with transportation*
- ☐ Willing to volunteer
- ☐ Have Silent Auction items

Email questions to

conference2012@ workaholics-anonymous.or